

What is it?

Annual Report on health services
What we have done over the last year
What we are going to do



Report

Why is it important?

We need to make sure people have the right health care

Check our plans are on track

How we asked people about health

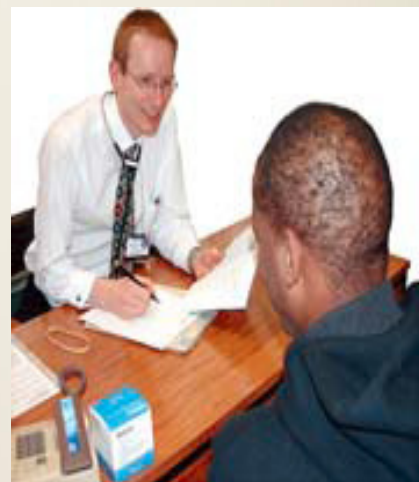
- Learning Disability Partnership Board
- Meetings with family carers
- Speakout Big meeting
- Questionnaires

66 carers and 72 people with a learning disability told us what they thought about health services



What people told us about health services in the questionnaires:

- 83% said they had enough time with their GP (this was 100% of carers for people under 18)
- 72% said they had a health action plan (and 67% said they had a copy of their plan)
- 51% of people over 18 said they had been to hospital in past year (80% of people under 18)
- 73% said they thought the hospital was good at helping people with a learning disability (this was only 38% of people under 18).



What else people told us

Carers of people under 18

- 70% said there was a lot of support to choose healthy food
- 60 % said that there is a lot of support for people to be active
- 50% that there is a lot of support for people to cook meals
- 60% said they had been involved in decisions about health



Over 18s

- 61% of people said they got a lot of support to choose healthy food
- 43 % said they got a lot of support to be active
- 49 % said they got a lot of support to cook healthy meals
- 78% of carers said they had been involved in decisions about health
- 46% of carers said they had been asked to give consent (which should not happen)



- This is only some of the information people told us. More information available at

<http://www.brightpart.org/healthy.php>

Target 1:

Making sure people are not living in NHS settings if they do not need to be there



- **What we agreed to do:**
 - Improve information of people placed in NHS settings.
 - Develop local services for people who challenge services
 - Establish local network of providers to support best practice in reducing challenging behaviours.
- **What we have done**
 - Additional review of people's needs to further improve discharge planning. Agreement set up between PCT and the council for them to take on the assessments and reviews on the PCT's behalf
 - Select provider list to provide challenging behaviour services set up who will create local network.

Target 2

- **Do people with learning disabilities get equal treatment in health services?**
- **What we agreed to do:**
 - Increase access to mainstream health promotion.
 - improve how we involve people with learning disabilities and their families in developing and planning services.
 - Expand healthy eating choices and cookery skills project.
- **What we have done**
 - Healthy eating choices and cookery skills project established with Food Partnership.
 - Sussex wide cervical cancer screening advice for GP practices.
 - Oral Health Promotion team provide advice in residential & supported living services.
 - Thumbs Up campaign includes dentists and opticians.
 - New contract to involve people in planning of services
 - Needs assessment of special care dentistry January 2011.



Target 3

Keeping People Safe when they use health services



What we agreed to do:

- Continue with Mental Capacity Act and Deprivation of Liberty training and make sure more people receive training.
- Make sure learning and improvements are across all health services.

What we have done

- Six Lives recommendations to keep people safe taken forward by NHS providers. Brighton and Sussex University Hospital to review policies and training on Mental Capacity Act and Safeguarding.



Big Health Check

Target 4 Valuing People Now

Have we got the right services locally for people with learning disabilities?



What we agreed to do:

- To have completed Joint Strategic Needs Assessment
- To have improved health transition pathway
- To have developed a local autism strategy.



What we have done

- Joint Strategic Needs Assessment complete.
- Autism strategy is being written.
- Health pathway being developed
- Health Action plan for transitions developed at age 17

Big Health Check

- **What we plan to do next year:**
- Complete the Autism Strategy (February 2012)
- Use the feedback from people with learning disabilities and carers to make more improvements in health services
- Work with commissioners and GPs to make sure learning disabilities and autism is included in work plans
- Further work with social care providers to increase take up of Health Action Plans and preparation for people going into hospital
- Sign up to the National Charter for Inclusion and Charter Challenging Behaviour Foundation
- Continue work with Reducing Reoffending Board to increase awareness and improve communication with people with Learning Disabilities and people with Autism.

